MOVEMENT ANALYSIS WORKSHEET

SPATIAL PATTERNS

Draw the geometric elements that you see in the floor patterns of Martha Graham’s dance Frontier.

Lines. Lines connect two points. Are the lines that the dancer makes in Frontier straight, circular, zigzag?


Shapes. Shapes occur when lines connecting points create a closed intersection. Identify triangles, rectangles, circles, and squares in the dance.

EXPRESSIONS OF THE BODY

Identify the shapes that the dancer’s own body makes.

Are the shapes curved, or straight? Smooth or sharp?

Does the upper body have a different shape than the lower body?

Are the shapes symmetrical or asymmetrical?

What shapes are repeated?

DYNAMICS

How does the dancer perform the movement?

Are the movements fast or slow?

Does the dancer move directly through space or indirectly?

Does the movement seem heavy or light?

Does the dancer use her energy freely, or does she seem constrained?